

Certified Course “ In-Depth Cellular Music Therapy” as a **Tune& Heal** mission

Program (IV stages):

- *Getting to know the tuning forks and their different frequencies for various treatment techniques (Discussion on varieties of tuning forks) and working with the human voice.*
- *Familiarizing energy centers and channels (chakras and meridians).*
- *Applying the 5 Elements – Traditional Chinese Medicine(TCM), acupuncture, acupressure and reflexology, diagnosis, including some products and special diet for each element deficiency.*
- *Exercising with body, mind and soul and introduction to working with tuning forks.*
- *Increasing creativity, healing through singing (powerful mantras and words Vibration)*
- *Learning and applying principles of TCM and effect of the perception of music and ICMT frequencies for humankind and ones internal organs*
- *Being aware of sound world and basic frequencies of human body organs*
- *Learning therapeutic music intervals and musical scales*
- *Responding to medical fatigue, disorders, handicaps etc. (ADHD, down syndrome, hyperactivity, stress)*
- *Working with speech therapy*
- *Tuning voice emission healing based on eliminating emotional problems*
- *Working with different deficits in children*
- *Living a healthy lifestyle*
- *Healing thoughts and words*
- *Learning In-Depth Cellular Music Therapy (healing by sound-vibratory method), i.e., recognition of all healing techniques (almost 16) by tuning-forks, voice and sound vibration; Supported by scientific research to restore health by the sound waves of tuning-forks that are properly selected and assigned to suffering organs and particular conditions*
- *Finding individual self-healing frequency of each human being and exploring the possibility of its finding (the basic sound)*
- *Diagnosing on the basis of the voice*
- *Creating and imagining, expressing oneself through sound (singing)*
- *Discovering awareness of the sounds - recognition of the basic energetic centers frequency of a human and ones inner organs, healing musical intervals, scales and the effect of vibrations on the human being*
- *Identifying Chi energy, flux in energetic channels: chakras, meridians, lymph flux - practice based on meridians channels and acupressure points together with sound vibration activity*
- *Understanding the relationship between the mind and the sound vibration – creating in one’s mind a new program bringing health, satisfaction and happiness (the law of attraction). Affirmations, prayers, power of faith*
- *Utilizing body movement and relieving tension through the energetic channels - 6 exercises of meridian yoga*
- *Relaxing with the sound*
- *Coping with problems and illnesses, using the sound as the main tool in therapy - treating through the mind and laws of physics as a sound wave*
- *Applying Laws of Physics and Mathematics as the Sound therapy - the first in the world known diatonic music scale, Pitagoras scale based on the "pure fifth", which is the basis of the ICMT.*
- *Reviewing the application of the musical analysis - tuning system, intervals, dissonances and consonances in relation to diseases, especially different forms of cancer, the so-called (psychological help and regeneration with Anti-cancer technique) fault finding with practical,*
- *Programming the holistic vision of humankind: body, spirit and soul,*
- *Practicing Traditional Chinese Medicine (TCM) (acupuncture, acupressure with tuning forks), 5 Elements (depend on primer knowledge from I and II seminar) – deeper knowledge, including constitution of human body and diet according to illness.*
- *Practical exercises such as: Treatment techniques for people with mental health problems and Cellular Music Therapy in beauty treatments (anti-aging, treatment of wrinkles, improving hair condition, anti-cellulite and losing weight)*
- *Work with sound and music: Rhythm, therapeutic dance, Hatha Yoga and music,*
- *Voice and breathing compilation*
- *Theory test and practical test in writing and practice.*